

Co-Curricular Dance Timetable, Spring Term 2024 (10 weeks)

Dance classes begin: Monday 8th January Half Term: Monday 12th – Friday 16th February Dance classes end: Thursday 21st March

| | Pre-Prep | Prep | Senior |
|---------|--|--|--|
| Monday | 3.40 – 5.30pm | 4.00 - 6.00pm | 1.00-1.30pm |
| | Ibstock Musical Theatre (IMT) £230.00 | Ibstock Musical Theatre (IMT) £250.00 | Rambert Grades (S10+) Free club |
| | Sessions in: | Sessions in: | Mrs Moursy – Dance Studio |
| | Acting - Miss Ward – Lower Foyer | Dance - Miss Griffin - Theatre | sign up via SOCS |
| | Singing - Miss Ellie – Lower Foyer | Acting - Miss Ward – P1 | |
| | Dance - Miss Griffin – Theatre | Singing - Miss Ellie – Lower Foyer | 4.00 – 6.00pm |
| | | | Ibstock Musical Theatre (IMT) £250.00 |
| | | | Sessions in: |
| | | | Acting - Miss Ward – P1 |
| | | | Singing - Miss Ellie – Lower Foyer |
| | | | Dance - Miss Griffin – Theatre |
| | | | 4.00 - 6.00pm |
| | | | Intermediate Foundation Ballet (RAD) £250.00 |
| | | | Miss Jessica – Dance Studio |
| Tuesday | 3.45 – 4.30pm | 12.30 — 1.00pm | 1.00 — 1.30pm |
| | Prep 1-2 Gymnastics/Acro | Prep Dance Company (by invitation only) | Senior Dance Company (by invitation only) |
| | Not bookable via DanceBiz. Please contact Taylor | Miss Griffin – Dance Studio | Miss Griffin – Dance Studio |
| | to book your place and arrange payment: | | |
| | taylor_eden@hotmail.com | 3.45 – 4.30pm | 4.30 – 6.00pm |
| | | Street Dance £125.00 | Senior Dance Company (by invitation only) |
| | | Miss Griffin – Dance Studio | £200.00 |
| | | | Miss Griffin – Theatre |
| | | 4.30 – 5.15pm | (includes a 30 minute lunchtime session |
| | | Prep 3-6 Gymnastics/Acro | on the same day) |
| | | Not bookable via DanceBiz. Please contact Taylor | |
| | | to book your place and arrange payment: | |
| | | <u>taylor_eden@hotmail.com</u> | |
| | | 5.15 – 6.15pm Roberts Hall | |
| | | Gymnastics Squad (by invitation only) | |

| Pre-Primary Ballet (RAD) £125.00 Miss Griffin – Great Hall | Grade 3 Ballet (RAD) £125.00 Miss Millard – Dance Studio 4.30 – 6.00pm Prep Dance Company (by invitation only) £200.00 | Rambert Grades (S7-9) Free club Mrs Moursy — Dance Studio sign up via SOCS 4.30 — 6.00pm Senior Open Ballet £200.00 |
|---|--|---|
| Miss Griffin – Great Hall | 4.30 – 6.00pm Prep Dance Company (by invitation only) £200.00 | sign up via SOCS 4.30 – 6.00pm |
| | Prep Dance Company (by invitation only) £200.00 | 4.30 – 6.00pm |
| | Prep Dance Company (by invitation only) £200.00 | • |
| | £200.00 | • |
| | | Senior Open Ballet £200.00 |
| | Mina Caiffin Can and Hall | |
| | Miss Griffin – Great Hall | Miss Millard – Dance Studio |
| | (includes a 30 minute lunchtime | |
| | session on a Tuesday) | |
| 3.45 – 4.30pm | 3.45 – 4.30pm | 4.30 – 5.00pm |
| Grade 1 Ballet (RAD) £125.00 | Grade 2 Ballet (RAD) £125.00 | Ballet Body Conditioning £95.00 |
| Miss Millard – Great Hall | Miss Jessica – Dance Studio | Miss Jessica – Dance Studio |
| | | 5.00 – 6.00pm |
| | | Grade 4 Ballet (RAD) £145.00 |
| | | Miss Jessica – Dance Studio |
| | | 4.30 – 5.30pm |
| | | Grade 5 Ballet (Cecchetti) £145.00 |
| | | Miss Millard – Great Hall |
| | | 5.30 – 6.30pm |
| | | Grade 6 Ballet (Cecchetti) £145.00 |
| | | Miss Millard – Great Hall |
| | Grade 1 Ballet (RAD) £125.00 | session on a Tuesday) 3.45 – 4.30pm 3.45 – 4.30pm Grade 1 Ballet (RAD) £125.00 Grade 2 Ballet (RAD) £125.00 |

Class descriptions can be viewed below. Click on link to book classes for the Spring Term.

A 5% discount is applied when you book multiple classes (must be booked in the same booking).

Any queries, contact Mrs Fennell kfennell@ibstockplaceschool.co.uk.

Click here to book Spring Term classes

Class Descriptions

Gymnastics/Acro

Prep 1 – 2 Development of movement and gymnastic skills.

Prep 3 – 6 Advancement of movement and gymnastic skills and preparation for novice competitions.

Ballet – Pre-Primary to Grade 6

Ballet classes follow RAD or ISTD Cecchetti syllabus. Pupils are entered for exams should they wish to be, and when the teachers feel they are ready.

Ballet – Intermediate Foundation

This vocational RAD qualification is designed for pupils who wish to pursue dance and gain additional UCAS points towards college and university entry. Progressive Ballet Technique (PBT) is also included in the Intermediate Foundation class to maximise strength and focus on postural alignment, core strength and overall advancement of pupil's class work.

Ballet Body Conditioning

Classes will focus on strengthening and conditioning the dancers in Progressive Ballet Technique (PBT) and will incorporate exercises using the barre, exercise bands and stability balls improving core strength, posture, flexibility and extension.

Ibstock Musical Theatre (IMT)

Our Musical theatre classes combine singing, acting and dancing with specialist teachers in each area. We aim to inspire the pupils to become more confident communicators and give them the opportunity to be expressive. Classes draw from routines from stage and screen, past and present and are suitable for any pupil, whether they have experience of dance, acting and singing or would just like to come along and try something new.

Prep Dance Company

Entry to this class is by audition at the start of the academic year and will include regular strength and conditioning sessions, improving the dancer's physical and technical skills. A range of styles will be explored including Contemporary/Lyrical and Jazz, with a focus of performing to a live audience. The Dance Company will assist with school events in addition to representing the school at shows and competitions.

Rambert Grades

Rambert Grades is a fun and inclusive contemporary dance syllabus with three levels across 8 grades, focusing on technique, performance and creativity. Its unique framework makes it accessible for pupils from all dance backgrounds and abilities to achieve and develop transferable skills. Rambert Grades is an awarding body regulated by Ofqual and pupils may choose to be entered for an examination at an additional cost.

Senior Open Ballet

Classes will include focus on ballet technique, including pointe work. Senior pupils use this class to support their preparation for any exams they may be entered for.

Senior Dance Company

Entry to this class is by audition at the start of the academic year and will include regular strength and conditioning sessions, improving the dancer's physical and technical skills. A range of styles will be explored including Contemporary/Lyrical and Jazz, with a focus of performing to a live audience. The Dance Company will assist with school events in addition to representing the school at shows and competitions.

Street Dance

In Street Dance we will work on fun, creative and powerful dance routines. Dancers will be able to express themselves and show their inner character. Street Dance is a style that many youngsters love! Pupils will feel part of a 'crew', building their confidence and relationships with each other and dance.

